

First Ilocano five-star resort to be built in Pagudpud, Ilocos Norte



SCHEDULED for a soft opening in February of 2020, the Pagudpud Sands Resort features 144 Suites complete with full kitchen, two Infinity pools, Water

Sports, Fitness Center, Restaurants, Business Center and everything that one would expect to find in the best resorts anywhere in the Philippines.

One of the most admirable traits that Filipinos who eventually become Americans is to maintaining and showing their love of the place they came and grew up from by helping their own struggling Kababayans become successful like them.

And that is precisely what buddies and business partners Larry Dela Cruz, Rick Rivera and Nelson Manmano seek to achieve for they lived through and experienced how very challenging it is for someone who just migrated to the United States to adjust to their new lifestyle that is different from what they got used to back home.

Dela Cruz was one of ten siblings, born in San Marcelino Dingras, Ilocos Norte, attended Nagmarcaan Elementary School to. Ricarte Dela Cruz, a community leader in Ilocos and Hawaii-born Maria Dela Cruz.

FIRST ILOCANO ▶ 16

Woman tops PMA 2019 Class Mabalasik



Dionne Mae Apolog Umalla

FORT DEL PILAR, Baguio City, Philippines – A 21-year-old native Ilocana leads the 263-strong graduating class of the Philippine Military Academy Class of 2019 on Sunday.

Dionne Mae Apolog Umalla, of Alilem town in Ilocos Sur, will get the Presidential Saber for topping this year's

PMA “Mabalasik” (Mandirigma ng Bayan Lakas at Sarili Iaalay para sa Kapayapaan) Class.

“I offer (this feat) to God,” said Umalla, who chose the Philippine Navy for her military service.

Umalla said she drew inspiration from her mother Dionisia, a

WOMAN ▶ 12

12 winning senators all pro-Duterte

Ex-ombudsman held at HK airport

Link seen to ICC case vs China’s Xi

MANILA, Philippines – Former ombudsman Conchita Carpio-Morales was held at the Hong Kong airport on Tuesday for “immigration reason,” in what her supporters believe was in retaliation for her suing Chinese President Xi Jinping before the International Criminal Court (ICC) for environmental crimes in the South China Sea.

Hong Kong airport officials said the refusal of her entry was an “instruction” from a source they did not identify.

EX-OMBUDSMAN ▶ 12

Canada moves to retrieve toxic garbage

CANADA has tapped a shipping company to get back the garbage dumped in the country “sooner than later,” Malacañang announced Tuesday.

“The DFA issued a statement that the Canadian government has already directed a shipping company to get the trash back. According to them, it will be sooner than

CANADA ▶ 12

By BETING LAYGO DOLOR, Editor

MANILA - Two winners of the May 13 senatorial elections showed that they were not fanatically pro-Duterte by refusing to do the clenched fist bump, while two reelectionist senators just out of the Magic 12 graciously accepted defeat.

The Commission on Elections (Comelec) declared the 12 winners on Wednesday, May 22, while resetting the declaration of the victorious party-list representatives to Thursday, May 23.

The dozen senators were all allied with President Rodrigo Duterte, but Grace Poe and Nancy Binay did not follow the lead of the 10 others in their first group photo by not doing the sign that has become synonymous with the Duterte presidency.

While considered pro-Duterte, Poe ran as an independent, while Binay was not endorsed by the president despite her being generally supportive of the chief executive's programs.

The winning senators are, from first to twelfth place, Cynthia Villar, Poe, Bong Go, Pia Cayetano, Bato dela Rosa, Sonny Angara, Lito Lapid, Imee Marcos, Francis Tolentino, Koko Pimentel, Bong Revilla, and Binay.

Except for Dela Rosa, Marcos and Tolentino, all are either reelectionists or returnees to the Senate.

The two reelectionists who failed to make it were JV Ejercito and Bam Aquino, both of whom conceded with heads held high.

The 12 senators will join a Senate which has four incumbent oppositionists, thereby giving the administra-

12 WINNING ▶ 12



DUTERTE

Gathering of ‘angels’ guarding elder rights

Part 1



SAN MATEO Supervisor David Canepa (holding plaque) commends ALLICE and collaborators for bringing enlightenment and healing to families. From left: ALLICE secretary Rev. Leonard Oakes, SSF Council Members Flor Nicolas and Mark Nagales, Daly City Council Member Pam DiGiovanni, Consul Gen. Henry Bensurto Jr., ALLICE 2019 president Elsa Agasid and vice president Allen Capalla and Frances Dinglasan.

Photo by EDD PALOMAR

SOUTH SAN FRANCISCO, Calif. - Family members learned to reinforce healthy behaviors and consider options for interacting with each other, especially with elders, in the 12th annual Our Family, Our Future program and resource fair staged May 18 by ALLICE Alliance for Community Empowerment in collaboration with the Philippine Consulate General and the Mater Dolorosa Church Knights of Columbus, Legion of Mary and Music Ministry.

San Mateo Supervisor David Canepa presented a resolution honoring the "empowering work" of the collaborators, South San Francisco City Council Member Flor Nicolas

keynoted with a personal anecdote about her mother's courage, SSF City Council Member Mark Nagales and ABC7 News reporter Frances Dinglasan co-emcees, and 25 family resource providers consulted with attendees about their community-based services.

In his welcome message, Consul General Henry Bensurto, Jr. highlighted caring for the elderly both as a moral and constitutional duty. In her keynote address, Council Member Nicolas defines "angels." Following excerpts encompass the objective behind the annual celebration of elders: encompass the objective behind the annual celebration of elders:

Carry on traditions despite global change

By Consul Gen. Henry S. Bensurto Jr.

All of us are duty-bound to know more about available resources and establish linkages with resource providers, to enable us to work together in addressing imminent problems involved in this aspect of our familial relationships.

GATHERING ▶ 3

Gathering of ‘angels’ guarding elder rights

From page 1 **ALL PHOTOS BY EDD PALOMAR**

To a number of cultures, especially among Asian societies, the family, the basic unit of the society, is essential to having healthy communities. It is held in high regard and for Filipinos, family means the world to us. Our successes and failures, our hopes and dreams, our aspirations and challenges, all seem to start within our homes and our families. We nurture our family in the same vein as it nurtures us. Our family is the root of our growth and development as human beings. It is composed of people who ideally nurture us – from cradle to tomb. Our family is ideally our shield from imminent danger, our recourse when there are a few options to take in every stage of our lives, the inspiration that serve as fuel in realizing our dreams.

The family, however, can also be a source of disenchantment, or worse, a cause of danger and abuse. With our focus for this event on the elderly, caring for them



Peninsula Family Service
Senior Peer Counseling
Tessie and Miriam of Peninsula Family Service explain their Filipino peer counseling program.



ALLICE clinical director Dr. Jei Africa and founding president Bettina Santos Yap annotate roleplay depicting unhealthy and healthy behaviors toward elders.



ALLICE with special guests, from left, seated: Paulita Malay, Hon. Pam DiGiovanni, Hon. Flor Nicolas, Hon. Henry Bensurto Jr., Hon. Mark Nagales, Elsa Agasid, Allen Capalla; standing: Dr. Jei Africa, Bettina Santos Yap, Malou Aclan, Frances Dinglasan, Ofie Albrecht, Nan Santiago, Rev. Oakes, and **ALLICE** founder-executive director Cherie Querol Moreno.



Legion of Mary president Bea Pineda with consulate volunteers Maria Antonia van Espen-Boonen and Ethel May Castillo.



Vicky Palomar, RN (right), leads **Kaiser Permanente** FilAm Association in giving health exams.



Mater Dolorosa Knights of Columbus Luis Moreno, Ed Pomposo, Audie Gener, Edd Palomar and Nenar Nicolas at the ready to stage 12th Our Family, Our Future.

and preventing abuse, it is my fervent hope that we turn our attention to them and give back to them since we all came from our elderly and they have paved the way for us to realize our goals and aspirations.

Aside from children, the elderly is probably the next most vulnerable members of our families. Now past their prime, our elderly is in need of good health care and protection from abuse. As most parts of the world are currently experiencing an increase in the number of ageing population, there is an urgent need to ensure that the rights and welfare of the elderly are upheld.

In the Philippines, almost a decade ago, some 5.6%

of more than 100 million Filipinos constitute the elderly. While this is a small number compared to other ageing societies, there is still a need to attend to our elders and give them the respect and care they deserve. We are fortunate that our culture embraces the elderly and they are held in high esteem. Our customary kissing of the hand or “mano” to show respect for the elderly attests to our culture’s affinity for the senior members of our families. Our families are mostly extended families, composed of grandparents among other members.

Under the Philippine Constitution, the family has the duty to care for its elderly members while the State

CONTINUED ON PAGE 8

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Gathering of ‘angels’...

FROM PAGE 2

also has to take care of this vulnerable section of the society through social security programs.

We hope to carry on with our traditions in spite of societies' changing attitudes for the elderly around the globe. At the Philippine Consulate, we try to foster respect for the elderly as we maintain our Courtesy Lane for members of the public who need assistance, including the elderly. Respect for our elders is also the reason why we gather some of our Filipino American senior citizens at the Consulate for the yearly Christmas party or Paskuhan ng mga Seniors. For us, this is a way of honoring our ancestors and caring for the elderly.

We at the Consulate believe that the elderly and their role as first generation Filipino Americans, is crucial in handing down their knowledge and love for Filipino history, culture and traditions to present generation of Filipinos. This is crucial in realizing the objectives of our Spark*Connect*Empower Movement or the SCE Movement.

The SCE Movement's aim is to see young Filipino-Americans become the new vanguards of Filipino culture and heritage and of a more united although diverse and empowered Filipino community. They are then able to contribute more to the greater community here in the US and back home in the Philippines. We believe that to realize this, the first generation must be able to nurture these traditions and serve as mentors to the younger generations.

We are working towards providing Filipino Americans, especially the younger generation, an opportunity to discover their Filipino roots and



Migrante's Charles Ramilo follows path of his grandmother Alice Bulos.



Mariluiza Diaz explains direct services at CORA.

heritage, through the Spark*Connect*Empower* Movement. We wish to spark interest and eventually, love for the country of their ancestors, among Filipino Americans, or even Filipinos outside the United States who make up the Filipino diaspora around the world.

We are happy that ALLICE Kumares and Kumpares continues the Filipino tradition of family-orientedness and thus, we take that its projects and activities positively contribute to the improvement of our societies and nurturing healthy relationships. ALLICE's programs also contribute to the Spark*Connect*Empower Movement for reasons I have just mentioned.

We hope to learn more about preventing elder abuse and caring for the elderly, and pave the way for fostering environments that are elderly-friendly. We hope to ensure that their rights are respected and their dignity remain intact even as they approach the end of life. I hope that we at the Consulate can learn from ALLICE and also connect ourselves with one another, making the most of our networks and available referral systems. In the end, we hope to empower one another through worthwhile and sustainable activities such as those of ALLICE.

To be concluded.



Supervisor Canepa checks in with FALEO president Lt. (Ret.) Eric Quema and SSFPD.



Co-emcees Frances Dinglasan and Mark Nagales present statistics of elder abuse in Mateo County.

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